

Prayer of Forgiveness

Father God, thank You for forgiving me. Because of the cross and resurrection, I now have Your Spirit living inside of me. Because of Jesus, I am able to do what would be impossible for me to do in my own strength. (Phil 4:13) I need Your Holy Spirit to empower me to uproot any unforgiveness within my heart. Your Word tells me to forgive my enemies. (Col 3:13) To forgive them as You forgave me. (Eph 4:32) Lord, this seems impossible. But in You, all things are possible. (Matt 19:26)

Help me surrender the unforgiveness I hold in my heart towards _____. Help me to forgive and release him/her from the depths of my heart. Give me eyes to see _____ the way You do. The broken and hurting person that he/she is. Take my eyes off my own pain and keep them fixed on You and You alone. Father God, this is so hard!! Help me take any expectations I have off this person and place them on You. You alone are Judge. Help me trust in You to make things right. Father, help me speak the following words of forgiveness from my heart and mean them from now on. _____,

_____, I forgive you. I forgive you for doing _____ to me. (Be specific here). I will no longer expect from you what you cannot give me nor will I expect you to change. I will look to God alone to provide for my every need. You no longer will hold any power over my life. I ask my Jesus to enable me to pray for you, expecting nothing in return. Father, thank You! I know you hear my prayer. I am no longer bound up in unforgiveness. I am now free to be your vessel and live the abundant life that You have planned for me. I ask all this in Jesus' powerful Name.

Amen.

